

XXIV Żoliborski Bieg Mikołajkowy

Warszawa, 07.12.2019 r.

dystans: 10km

WYNIKI

| MSC | IMIĘ | NAZWISKO | NR | PŁEĆ | KLUB | KAT. | MSC/KAT. | 1/2 | CZAS | NETTO |
|-----|------------|-----------------|-----|------|---|------|----------|----------|----------|----------|
| 1 | Mateusz | Kondej | 232 | M | Dziuba Team | M20 | 1 | 00:12:06 | 00:32:24 | 00:32:23 |
| 2 | Tomasz | Stupik | 467 | M | | M20 | 2 | 00:12:04 | 00:32:43 | 00:32:43 |
| 3 | Maciej | Bodnar | 27 | M | MBC Team | M20 | 3 | 00:12:06 | 00:33:14 | 00:33:13 |
| 4 | Łukasz | Kalaszczyński | 196 | M | KM Sport Pro Team | M30 | 1 | 00:12:08 | 00:33:38 | 00:33:37 |
| 5 | Jan | Popławski | 418 | M | Neon Team | M20 | 4 | 00:12:22 | 00:33:57 | 00:33:56 |
| 6 | Sergiusz | Sobczyk | 474 | M | Trinergy | M20 | 5 | 00:12:27 | 00:34:16 | 00:34:15 |
| 7 | Jedrzej | Josypenko | 185 | M | Neon Team | M30 | 2 | 00:12:35 | 00:34:50 | 00:34:49 |
| 8 | Paweł | Mitruś | 335 | M | NeON Team | M20 | 6 | 00:12:58 | 00:35:04 | 00:35:02 |
| 9 | Karol | Janiec | 172 | M | MBC TEAM | M20 | 7 | 00:13:00 | 00:35:42 | 00:35:41 |
| 10 | Leszek | Kielak | 213 | M | ENTRE RUNNING | M30 | 3 | 00:13:43 | 00:37:18 | 00:37:16 |
| 11 | Łukasz | Belowski | 13 | M | Natural Born Runners Team | M30 | 4 | 00:14:00 | 00:37:21 | 00:37:17 |
| 12 | Daniel | Sychowicz | 500 | M | | M40 | 1 | 00:13:29 | 00:37:20 | 00:37:19 |
| 13 | Dariusz | Dąbrowski | 80 | M | llabo Racing Team by CTS | M40 | 2 | 00:13:24 | 00:37:21 | 00:37:20 |
| 14 | Marcin | Karwowski | 209 | M | | M30 | 5 | 00:13:44 | 00:37:22 | 00:37:21 |
| 15 | Rafał | Pomorski | 417 | M | Trifamily | M30 | 6 | 00:13:53 | 00:37:25 | 00:37:22 |
| 16 | Radek | Serwiński | 456 | M | Neon Team | M30 | 7 | 00:13:56 | 00:37:40 | 00:37:38 |
| 17 | Marcin | Krasoń | 259 | M | Smashing Papkins / NBR Team / Trifamily | M30 | 8 | 00:13:59 | 00:37:42 | 00:37:39 |
| 18 | Paweł | Kalinowski | 198 | M | Trizarza | M30 | 9 | 00:13:57 | 00:37:53 | 00:37:50 |
| 19 | Przemek | Szuder | 516 | M | Neon Team | M40 | 3 | 00:14:03 | 00:37:54 | 00:37:53 |
| 20 | Piotr | Głogowski | 136 | M | Naprzód Młociny | M40 | 4 | 00:14:05 | 00:38:00 | 00:37:59 |
| 21 | Bartek | Danek | 78 | M | Trinergy.pl | M40 | 5 | 00:14:07 | 00:38:07 | 00:38:06 |
| 22 | Adam | Pluszka | 408 | M | Vege Runners | M40 | 6 | 00:14:09 | 00:38:36 | 00:38:33 |
| 23 | Bogdan | Snarski | 472 | M | Albatrosy | M40 | 7 | 00:14:09 | 00:38:48 | 00:38:47 |
| 24 | Olga | Kowalska | 249 | K | Trinergy Team | K30 | 1 | 00:14:31 | 00:39:02 | 00:39:00 |
| 25 | Łukasz | Bednarek | 10 | M | Play / Mikkeller Running Club | M30 | 10 | 00:14:37 | 00:39:17 | 00:39:13 |
| 26 | Bartosz | Lewandowski | 289 | M | | M20 | 8 | 00:14:54 | 00:39:35 | 00:39:24 |
| 27 | Michał | Maciopa | 302 | M | Naprzód Młociny | M40 | 8 | 00:14:26 | 00:39:30 | 00:39:29 |
| 28 | Adam | Grzymkowski | 153 | M | | M40 | 9 | 00:14:32 | 00:39:42 | 00:39:40 |
| 29 | Robert | Michalski | 323 | M | Zabiegany Wołomin | M30 | 11 | 00:14:58 | 00:39:46 | 00:39:41 |
| 30 | Patryk | Świętochowski | 532 | M | | M20 | 9 | 00:14:34 | 00:39:45 | 00:39:42 |
| 31 | Anna | Sawicka | 452 | K | Dream Run | K30 | 2 | 00:14:34 | 00:39:48 | 00:39:46 |
| 32 | Adam | Nizio | 347 | M | ROADBIKE.PL | M20 | 10 | 00:14:20 | 00:40:00 | 00:39:53 |
| 33 | Paulina | Prugar-Fukowska | 425 | K | NeOn Team | K30 | 3 | 00:14:44 | 00:40:02 | 00:40:01 |
| 34 | Jarosław | Mirowski | 332 | M | GGP 728 | M40 | 10 | 00:14:37 | 00:40:09 | 00:40:05 |
| 35 | Paweł | Kownacki | 254 | M | Wieliszew Heron Team | M40 | 11 | 00:14:47 | 00:40:07 | 00:40:05 |
| 36 | Arkadiusz | Aksiucik | 1 | M | IGT Running Team | M30 | 12 | 00:14:44 | 00:40:14 | 00:40:11 |
| 37 | Łukasz | Kanciała | 202 | M | | M30 | 13 | 00:14:33 | 00:40:13 | 00:40:12 |
| 38 | Rafał | Kwiatkowski | 277 | M | Kuźnia Triathlonu | M30 | 14 | 00:14:54 | 00:40:22 | 00:40:18 |
| 39 | Bartosz | Mielczarski | 324 | M | | M30 | 15 | 00:15:02 | 00:40:38 | 00:40:25 |
| 40 | Rafał | Kłosiewicz | 224 | M | | M40 | 12 | 00:14:44 | 00:40:39 | 00:40:37 |
| 41 | Michał | Dąbrowski | 76 | M | | M30 | 16 | 00:15:11 | 00:40:56 | 00:40:50 |
| 42 | Lukasz | Remisiewicz | 432 | M | RunEat.pl | M30 | 17 | 00:15:06 | 00:40:54 | 00:40:53 |
| 43 | Bartosz | Tomaszewski | 541 | M | COCO BONGO Pink Team | M30 | 18 | 00:15:26 | 00:41:02 | 00:40:54 |
| 44 | Mariusz | Bisowski | 24 | M | | M40 | 13 | 00:15:14 | 00:40:59 | 00:40:57 |
| 45 | Michał | Rembowski | 431 | M | Parkrun Konstancin | M40 | 14 | 00:14:47 | 00:41:06 | 00:41:00 |
| 46 | Łukasz | Łaski | 296 | M | | M30 | 19 | 00:15:27 | 00:41:06 | 00:41:00 |
| 47 | Tomasz | Lesniak | 287 | M | Kuźnia Triathlonu /Accenture | M40 | 15 | 00:14:59 | 00:41:11 | 00:41:05 |
| 48 | Janusz | Widłak | 573 | M | | M40 | 16 | 00:15:00 | 00:41:11 | 00:41:06 |
| 49 | Przemysław | Tulik | 552 | M | | M50 | 1 | 00:15:12 | 00:41:15 | 00:41:10 |
| 50 | Jarosław | Sosnowski | 481 | M | PTT DELTA | M30 | 20 | 00:14:55 | 00:41:15 | 00:41:11 |
| 51 | Piotr | Okulus | 358 | M | Legion Warszawa | M30 | 21 | 00:15:26 | 00:41:25 | 00:41:14 |
| 52 | Joanna | Pomorska | 416 | K | Trifamily | K30 | 4 | 00:15:05 | 00:41:21 | 00:41:18 |
| 53 | Laszlo | Hajnal | 154 | M | | M40 | 17 | 00:15:06 | 00:41:29 | 00:41:27 |
| 54 | Magdalena | Nitka | 346 | K | AZS | K20 | 1 | 00:14:55 | 00:41:30 | 00:41:28 |
| 55 | Grzegorz | Dąbrowski | 81 | M | HDK KSP | M30 | 22 | 00:15:06 | 00:41:30 | 00:41:30 |
| 56 | Tomasz | Wróbel | 589 | M | Zabiegany Wołomin | M40 | 18 | 00:15:01 | 00:41:33 | 00:41:31 |
| 57 | Piotr | Jusewicz | 189 | M | | M30 | 23 | 00:15:39 | 00:41:41 | 00:41:34 |
| 58 | Sobiesław | Kozłowski | 256 | M | Dream Run | M40 | 19 | 00:15:15 | 00:41:40 | 00:41:35 |
| 59 | Adam | Staśkiewicz | 490 | M | Drużyna Szpiku | M30 | 24 | 00:15:00 | 00:41:37 | 00:41:35 |
| 60 | Martyna | Jakóbczyk | 169 | K | | K20 | 2 | 00:15:23 | 00:41:47 | 00:41:41 |
| 61 | Michał | Czajkowski | 69 | M | SIMPLE HOUSE | M40 | 20 | 00:15:44 | 00:41:53 | 00:41:44 |
| 62 | Tomasz | Rachwałik | 427 | M | | M40 | 21 | 00:15:25 | 00:41:51 | 00:41:46 |
| 63 | Joanna | Tomczak | 542 | K | | K30 | 5 | 00:15:45 | 00:41:52 | 00:41:47 |
| 64 | Paweł | Starzyński | 486 | M | Trinergy Team | M50 | 2 | 00:15:25 | 00:41:56 | 00:41:52 |
| 65 | Jarosław | Osmolik | 374 | M | Trizarza | M40 | 22 | 00:15:21 | 00:41:59 | 00:41:56 |
| 66 | Maciej | Konarski | 231 | M | Mielony Chrupek | M30 | 25 | 00:15:15 | 00:42:01 | 00:41:57 |
| 67 | Tomasz | Galążka | 125 | M | | M40 | 23 | 00:15:26 | 00:42:05 | 00:41:59 |
| 68 | Adam | Czajkowski | 67 | M | | M40 | 24 | 00:15:44 | 00:42:07 | 00:42:04 |
| 69 | Kamil | Kalinowski | 197 | M | | M30 | 26 | 00:15:24 | 00:42:11 | 00:42:08 |
| 70 | Marta | Głodowska | 135 | K | Żórawski Team | K20 | 3 | 00:15:53 | 00:42:18 | 00:42:12 |
| 71 | Damian | Gawlak | 129 | M | Spectrum Team | M20 | 11 | 00:14:48 | 00:42:16 | 00:42:15 |
| 72 | Jakub | Bielecki | 21 | M | Neon Team | M30 | 27 | 00:15:37 | 00:42:29 | 00:42:23 |

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| | | | | | | | | | | |
|-----|-----------|--------------------|-----|---|----------------------------------|-----|----|----------|----------|----------|
| 73 | Arek | Podziewski | 410 | M | Trinergy | M40 | 25 | 00:15:22 | 00:42:25 | 00:42:25 |
| 74 | Bernard | Krawczyk | 260 | M | Trinergy | M40 | 26 | 00:15:21 | 00:42:31 | 00:42:27 |
| 75 | Łukasz | Frankowski | 119 | M | | M30 | 28 | 00:15:44 | 00:42:39 | 00:42:30 |
| 76 | Romuald | Masalski | 317 | M | Zabiegani Czernikowo | M50 | 3 | 00:15:25 | 00:42:35 | 00:42:30 |
| 77 | Jacek | Bzura | 47 | M | | M40 | 27 | 00:15:50 | 00:42:37 | 00:42:34 |
| 78 | Kamil | Osiecki | 370 | M | | M20 | 12 | 00:15:21 | 00:42:46 | 00:42:39 |
| 79 | Dariusz | Zbieć | 600 | M | DARFIK Team | M30 | 29 | 00:15:33 | 00:42:45 | 00:42:42 |
| 80 | Kamil | Chudecki | 52 | M | Vege Runners | M50 | 4 | 00:15:22 | 00:42:48 | 00:42:44 |
| 81 | Dominika | Ciszewska | 62 | K | Reebok Run Crew | K30 | 6 | 00:15:48 | 00:42:47 | 00:42:44 |
| 82 | Maciej | Zy | 607 | M | | M30 | 30 | 00:15:48 | 00:42:51 | 00:42:47 |
| 83 | Piotr | Olszacki | 365 | M | | M30 | 31 | 00:15:58 | 00:43:01 | 00:42:55 |
| 84 | Kamil | Żurawski | 617 | M | Entre.pl | M20 | 13 | 00:15:57 | 00:43:00 | 00:42:55 |
| 85 | Jarek | Kaniewski | 203 | M | Triathlon Serwis | M30 | 32 | 00:15:27 | 00:43:06 | 00:42:56 |
| 86 | Sławek | Dobrowolski | 87 | M | Naprzód Młociny | M50 | 5 | 00:15:49 | 00:43:08 | 00:43:04 |
| 87 | Mateusz | Zawadzki | 597 | M | | M20 | 14 | 00:16:33 | 00:43:15 | 00:43:06 |
| 88 | Paweł | Ryniewicz | 446 | M | | M40 | 28 | 00:16:21 | 00:43:43 | 00:43:15 |
| 89 | Artur | Bąk | 9 | M | | M40 | 29 | 00:16:40 | 00:43:45 | 00:43:16 |
| 90 | Dariusz | Filipczuk | 115 | M | | M50 | 6 | 00:16:05 | 00:43:23 | 00:43:17 |
| 91 | Bartek | Zych | 608 | M | Trinergy | M40 | 30 | 00:16:09 | 00:43:23 | 00:43:19 |
| 92 | Ania | Nowak | 348 | K | Dream Run | K30 | 7 | 00:16:02 | 00:43:31 | 00:43:25 |
| 93 | Michał | Wieczorek | 574 | M | | M50 | 7 | 00:15:30 | 00:43:30 | 00:43:26 |
| 94 | Wojciech | Polak | 414 | M | Kuźnia Triathlonu | M40 | 31 | 00:16:04 | 00:43:35 | 00:43:28 |
| 95 | Jacek | Świercz | 531 | M | Byledobiec Anin | M50 | 8 | 00:15:51 | 00:43:38 | 00:43:31 |
| 96 | Bartosz | Pasela | 389 | M | Smashing pApkins / teamKrasus | M30 | 33 | 00:16:38 | 00:43:50 | 00:43:33 |
| 97 | Mariusz | Dużyński | 100 | M | | M40 | 32 | 00:16:30 | 00:43:52 | 00:43:35 |
| 98 | Krzysztof | Różak | 438 | M | | M30 | 34 | 00:16:36 | 00:43:53 | 00:43:42 |
| 99 | Mateusz | Cybulski | 64 | M | | M20 | 15 | 00:15:48 | 00:43:47 | 00:43:42 |
| 100 | Michał | Szumny | 521 | M | | M30 | 35 | 00:15:48 | 00:43:49 | 00:43:44 |
| 101 | Damian | Matewski | 319 | M | | M40 | 33 | 00:16:11 | 00:44:00 | 00:43:52 |
| 102 | Dominik | Wieczorek | 90 | M | | M30 | 36 | 00:16:03 | 00:43:59 | 00:43:53 |
| 103 | Sławomir | Rutkowski | 441 | M | | M60 | 1 | 00:16:12 | 00:44:12 | 00:43:55 |
| 104 | Janusz | Torzewski | 544 | M | WAT | M40 | 34 | 00:16:38 | 00:44:05 | 00:43:55 |
| 105 | Igor | Szymanek | 523 | M | Trizarza | M20 | 16 | 00:15:41 | 00:44:06 | 00:44:02 |
| 106 | Mariusz | Kwietniewski | 278 | M | | M20 | 17 | 00:16:15 | 00:44:11 | 00:44:03 |
| 107 | Marek | Fordoński | 117 | M | Trizarza | M40 | 35 | 00:15:57 | 00:44:09 | 00:44:05 |
| 108 | Krzysztof | Freszel | 120 | M | BOERNEROWO BIEGA | M40 | 36 | 00:14:37 | 00:44:11 | 00:44:07 |
| 109 | Wojtek | Gębala | 131 | M | | M40 | 37 | 00:16:10 | 00:44:17 | 00:44:09 |
| 110 | Adam | Lejman | 283 | M | trinergy | M50 | 9 | 00:16:15 | 00:44:24 | 00:44:13 |
| 111 | Adam | Krzesak | 263 | M | | M40 | 38 | 00:16:33 | 00:44:21 | 00:44:13 |
| 112 | Sebastian | Krajewski | 258 | M | | M40 | 39 | 00:17:13 | 00:44:49 | 00:44:16 |
| 113 | Krzysztof | Zielinski | 606 | M | Hikingtours.pl | M40 | 40 | 00:16:59 | 00:44:51 | 00:44:28 |
| 114 | Witold | Martynowski | 315 | M | Sokół Bodzanów | M50 | 10 | 00:16:40 | 00:44:44 | 00:44:38 |
| 115 | Jarek | Oleszczuk | 361 | M | Neon Team | M40 | 41 | 00:16:42 | 00:44:48 | 00:44:38 |
| 116 | Mariusz | Cichowicz | 57 | M | | M40 | 42 | 00:16:59 | 00:44:56 | 00:44:39 |
| 117 | Tymoteusz | Iwańczuk | 165 | M | | M30 | 37 | 00:17:35 | 00:45:02 | 00:44:43 |
| 118 | Artur | Kisiel | 218 | M | | M30 | 38 | 00:16:36 | 00:44:51 | 00:44:44 |
| 119 | Celina | Bielka | 19 | K | Bielaki | K30 | 8 | 00:16:21 | 00:45:01 | 00:44:49 |
| 120 | Marta | Szewczyk | 506 | K | Grażynki OCR | K20 | 4 | 00:16:08 | 00:44:52 | 00:44:51 |
| 121 | Ewa | Paciorek | 381 | K | Grupa Biegowa UM Warszawa | K30 | 9 | 00:16:28 | 00:44:58 | 00:44:55 |
| 122 | Łukasz | Dąbrowski | 82 | M | Dąbki Family Team/ Trizarza Team | M30 | 39 | 00:16:48 | 00:45:00 | 00:44:55 |
| 123 | Mariusz | Czarnota | 71 | M | MBC Team | M40 | 43 | 00:16:42 | 00:45:03 | 00:44:55 |
| 124 | Rafał | Grynfelder | 150 | M | skywalkproject.pl | M40 | 44 | 00:16:16 | 00:45:06 | 00:45:02 |
| 125 | Jan | Podowski | 840 | M | Akuna Akuloft Tychy | M50 | 11 | 00:16:48 | 00:45:05 | 00:45:03 |
| 126 | Tomek | Gajdecki | 124 | M | Accenture | M40 | 45 | 00:16:59 | 00:45:32 | 00:45:12 |
| 127 | Mieszko | Olszewski | 363 | M | | M30 | 40 | 00:16:11 | 00:45:26 | 00:45:14 |
| 128 | Karolina | Tetla | 537 | K | TRICLUB | K20 | 5 | 00:17:08 | 00:45:46 | 00:45:24 |
| 129 | Janusz | Pieczonka | 400 | M | TRICLUB | M30 | 41 | 00:16:51 | 00:45:47 | 00:45:25 |
| 130 | Zbigniew | Rymkiewicz | 445 | M | | M30 | 42 | 00:16:34 | 00:45:36 | 00:45:27 |
| 131 | Bogusław | Ksyna | 264 | M | OSP Kamion | M60 | 2 | 00:16:41 | 00:45:37 | 00:45:36 |
| 132 | Zofia | Szweda-Lewandowska | 522 | K | | K30 | 10 | 00:17:25 | 00:45:57 | 00:45:39 |
| 133 | Łukasz | Draszawka | 92 | M | Power training | M30 | 43 | 00:16:45 | 00:46:06 | 00:45:40 |
| 134 | Adam | Brzeziński | 38 | M | InterRisk | M20 | 18 | 00:16:44 | 00:45:50 | 00:45:41 |
| 135 | Magdalena | Zawisza | 598 | K | | K20 | 6 | 00:16:48 | 00:45:59 | 00:45:45 |
| 136 | Radosław | Karpiński | 208 | M | Stare Babice Biegają | M40 | 46 | 00:17:33 | 00:46:05 | 00:45:47 |
| 137 | Mathieu | Corbi | 63 | M | | M30 | 44 | 00:17:14 | 00:46:03 | 00:45:48 |
| 138 | Piotr | Smietanski | 468 | M | Nasielsk Baszta Team | M40 | 47 | 00:17:29 | 00:46:14 | 00:45:52 |
| 139 | Stanisław | Kamiński | 200 | M | GOS Nadarzyn | M60 | 3 | 00:16:57 | 00:46:01 | 00:45:58 |
| 140 | Tomasz | Podgórski | 409 | M | #TEAMHUBSON | M30 | 45 | 00:16:49 | 00:46:07 | 00:46:01 |
| 141 | Konrad | Czechowski | 73 | M | | M30 | 46 | 00:17:11 | 00:46:11 | 00:46:02 |
| 142 | Jan | Piotrowski | 404 | M | Grupa Biegowa Um W-Wa | M30 | 47 | 00:18:51 | 00:46:07 | 00:46:07 |
| 143 | Jakub | Tracz | 545 | M | | M30 | 48 | 00:17:02 | 00:46:23 | 00:46:07 |
| 144 | Wiesław | Kamiński | 201 | M | NASIELSK BASZTA TEAM | M50 | 12 | 00:16:57 | 00:46:36 | 00:46:09 |
| 145 | Paweł | Fus | 122 | M | FusGym | M40 | 48 | 00:18:04 | 00:46:34 | 00:46:10 |
| 146 | Luis | Freites | 838 | M | WOLNA WENEZUELA | M50 | 13 | 00:17:24 | 00:46:21 | 00:46:11 |

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dystans: 10km

WYNIKI

| | | | | | | | | | | |
|-----|------------|-------------------|-----|---|--------------------------------|-----|----|----------|----------|----------|
| 147 | Piotr | Pawłowski | 392 | M | BBL Wydminy | M40 | 49 | 00:17:16 | 00:46:23 | 00:46:14 |
| 148 | Łukasz | Kłos | 223 | M | FizjoTerapiaHD | M30 | 49 | 00:17:11 | 00:46:25 | 00:46:17 |
| 149 | Jan | Jeziński | 182 | M | | M20 | 19 | 00:17:48 | 00:46:44 | 00:46:21 |
| 150 | Marek | Czajkowski | 68 | M | Warszawa-Żoliborz | M40 | 50 | 00:16:41 | 00:46:25 | 00:46:22 |
| 151 | Gosia | Lackorzynska | 280 | K | Trinergy | K40 | 1 | 00:17:17 | 00:46:37 | 00:46:24 |
| 152 | Maciej | Mieszkowski | 326 | M | | M50 | 14 | 00:17:52 | 00:46:49 | 00:46:28 |
| 153 | Sylwia | Madejak | 303 | K | Żórawski Team | K40 | 2 | 00:18:06 | 00:46:54 | 00:46:29 |
| 154 | Marcin | Dłużniewski | 85 | M | | M40 | 51 | 00:17:08 | 00:46:42 | 00:46:29 |
| 155 | Łukasz | Dalecki | 77 | M | | M30 | 50 | 00:17:39 | 00:46:53 | 00:46:32 |
| 156 | Michał | Kowalski | 252 | M | Słoik Warszawski | M20 | 20 | 00:16:36 | 00:46:41 | 00:46:36 |
| 157 | Milena | Ojrzyńska | 356 | K | | K20 | 7 | 00:17:51 | 00:46:56 | 00:46:36 |
| 158 | Agata | Jarzembowicz | 180 | K | Trinergy Team/Atos Racing Team | K30 | 11 | 00:17:38 | 00:47:01 | 00:46:36 |
| 159 | Rafał | Nowakowski | 351 | M | Kuźnia Triathlonu | M40 | 52 | 00:17:29 | 00:46:45 | 00:46:42 |
| 160 | Sławomir | Cichoń | 56 | M | KrosSki Remsport | M40 | 53 | 00:16:37 | 00:46:48 | 00:46:43 |
| 161 | Piotr | Kościuczuk | 243 | M | --- | M40 | 54 | 00:18:19 | 00:47:11 | 00:46:44 |
| 162 | Marcin | Lewak | 288 | M | NeON Team | M30 | 51 | 00:17:28 | 00:47:02 | 00:46:51 |
| 163 | Katarzyna | Janus | 175 | K | | K20 | 8 | 00:18:02 | 00:47:29 | 00:46:56 |
| 164 | Karol | Szok | 512 | M | | M30 | 52 | 00:17:38 | 00:47:16 | 00:46:56 |
| 165 | Sławek | Waszczuk | 562 | M | heros2000 | M40 | 55 | 00:17:35 | 00:47:06 | 00:47:00 |
| 166 | Jacek | Sklepowicz | 463 | M | | M40 | 56 | 00:16:49 | 00:47:16 | 00:47:07 |
| 167 | Piotr | Rykaczewski | 444 | M | | M50 | 15 | 00:17:36 | 00:47:22 | 00:47:08 |
| 168 | Mirosław | Mięsowicz | 327 | M | Spectra | M30 | 53 | 00:17:10 | 00:47:19 | 00:47:08 |
| 169 | Jakub | Kowalczyk | 244 | M | Triclub | M20 | 21 | 00:18:17 | 00:47:18 | 00:47:08 |
| 170 | Tomasz | Kowalczyk | 247 | M | TRICLUB | M40 | 57 | 00:18:15 | 00:47:18 | 00:47:08 |
| 171 | Andrzej | Korkosz | 235 | M | | M40 | 58 | 00:17:50 | 00:47:20 | 00:47:09 |
| 172 | Dominik | Milej | 330 | M | | M30 | 54 | 00:17:29 | 00:47:29 | 00:47:20 |
| 173 | Tadeusz | Goral | 142 | M | Kkb | M40 | 59 | 00:17:11 | 00:47:29 | 00:47:21 |
| 174 | Sebastian | Kinder | 217 | M | | M30 | 55 | 00:17:54 | 00:47:43 | 00:47:22 |
| 175 | Bartłomiej | Dudek | 96 | M | 12Tri.pl | M30 | 56 | 00:18:07 | 00:47:51 | 00:47:23 |
| 176 | Rafał | Trochimczuk | 548 | M | | M30 | 57 | 00:18:27 | 00:47:57 | 00:47:26 |
| 177 | Krzysztof | Łubiński | 300 | M | | M40 | 60 | 00:17:29 | 00:47:41 | 00:47:31 |
| 178 | Tomasz | Brusokas | 36 | M | | M30 | 58 | 00:18:04 | 00:47:55 | 00:47:32 |
| 179 | Michał | Gogolewski | 138 | M | | M40 | 61 | 00:17:41 | 00:47:48 | 00:47:35 |
| 180 | Katarzyna | Mikołajczyk | 329 | K | | K30 | 12 | 00:18:04 | 00:47:49 | 00:47:36 |
| 181 | Jarosław | Tkaczyk | 538 | M | Biegam bo lubię | M30 | 59 | 00:17:42 | 00:47:46 | 00:47:36 |
| 182 | Edwin | Osiecki | 369 | M | | M50 | 16 | 00:17:21 | 00:47:50 | 00:47:37 |
| 183 | Janusz | Olczak | 359 | M | Bieganie 50+ | M50 | 17 | 00:17:44 | 00:47:52 | 00:47:42 |
| 184 | Artur | Tabiszewski | 533 | M | | M30 | 60 | 00:18:01 | 00:48:04 | 00:47:43 |
| 185 | Agnieszka | Dworzyńska-Górska | 101 | K | KS Ożarów Mazowiecki Biega | K30 | 13 | 00:17:35 | 00:47:51 | 00:47:45 |
| 186 | Jan | Nowak | 349 | M | | M50 | 18 | 00:17:38 | 00:48:00 | 00:47:52 |
| 187 | Jacek | Duda | 95 | M | | M30 | 61 | 00:17:28 | 00:48:09 | 00:47:54 |
| 188 | Jakub | Kowalski | 250 | M | Trinergy | M30 | 62 | 00:17:42 | 00:48:30 | 00:48:05 |
| 189 | Iwona | Karnowska | 839 | K | | K30 | 14 | 00:18:20 | 00:48:32 | 00:48:13 |
| 190 | Michał M. | Miszewski | 333 | M | Night Runners | M40 | 62 | 00:18:03 | 00:48:28 | 00:48:15 |
| 191 | Mariusz | Wydra | 592 | M | | M40 | 63 | 00:18:30 | 00:48:43 | 00:48:15 |
| 192 | Janusz | Ochab | 354 | M | | M40 | 64 | 00:19:05 | 00:48:50 | 00:48:21 |
| 193 | Wojciech | Biela | 20 | M | | M30 | 63 | 00:17:53 | 00:48:42 | 00:48:30 |
| 194 | Zbigniew | Fabijański | 110 | M | Prudential | M30 | 64 | 00:18:28 | 00:49:04 | 00:48:30 |
| 195 | Julia | Manikało | 312 | K | Lipków Biega | K20 | 9 | 00:17:16 | 00:48:50 | 00:48:38 |
| 196 | Paweł | Grządziel | 151 | M | SBRT Warszawa | M50 | 19 | 00:18:08 | 00:49:01 | 00:48:38 |
| 197 | Dariusz | Manikało | 311 | M | Lipków Biega | M50 | 20 | 00:17:14 | 00:48:50 | 00:48:38 |
| 198 | Paweł | Sarnecki | 451 | M | | M20 | 22 | 00:18:03 | 00:48:59 | 00:48:39 |
| 199 | Bogdan | Piątek | 399 | M | LECHICI Zielonka | M60 | 4 | 00:18:55 | 00:49:06 | 00:48:40 |
| 200 | Tomasz | Steląg | 503 | M | MKB Dreptak | M40 | 65 | 00:17:50 | 00:48:50 | 00:48:45 |
| 201 | Paulina | Stępień | 494 | K | Husaria Race Team | K30 | 15 | 00:18:21 | 00:48:59 | 00:48:45 |
| 202 | Adam | Bielicki | 23 | M | | M60 | 5 | 00:18:39 | 00:49:29 | 00:48:46 |
| 203 | Krzyszyna | Rzymowska | 448 | K | | K50 | 1 | 00:18:16 | 00:49:01 | 00:48:48 |
| 204 | Joanna | Orłowska | 367 | K | | K30 | 16 | 00:18:42 | 00:49:13 | 00:48:52 |
| 205 | Małgorzata | Chelstowska | 49 | K | | K30 | 17 | 00:17:38 | 00:49:10 | 00:49:00 |
| 206 | Iwona | Pesta | 397 | K | | K40 | 3 | 00:18:25 | 00:49:17 | 00:49:01 |
| 207 | Marek | Babiuch | 5 | M | | M50 | 21 | 00:18:09 | 00:49:06 | 00:49:02 |
| 208 | Marcin | Siwiak | 462 | M | PKP Intercity Running Team | M30 | 65 | 00:18:03 | 00:49:18 | 00:49:07 |
| 209 | Mieczysław | Cimochowski | 60 | M | MC SERWIS | M40 | 66 | 00:16:49 | 00:49:16 | 00:49:08 |
| 210 | Tomasz | Shewczyk | 508 | M | Naprzód Młociny | M20 | 23 | 00:17:46 | 00:49:22 | 00:49:14 |
| 211 | Arkadiusz | Ihnatowicz | 164 | M | | M50 | 22 | 00:18:24 | 00:49:25 | 00:49:17 |
| 212 | Natalia | Filipowicz | 116 | K | | K20 | 10 | 00:18:23 | 00:49:47 | 00:49:20 |
| 213 | Arek | Padysz | 385 | M | Ursus. Biega | M40 | 67 | 00:18:09 | 00:49:31 | 00:49:26 |
| 214 | Sławomir | Obrebski | 352 | M | | M50 | 23 | 00:18:09 | 00:49:41 | 00:49:26 |
| 215 | Monika | Gańska-Karamon | 127 | K | Biegam | K40 | 4 | 00:18:58 | 00:49:44 | 00:49:30 |
| 216 | Piotr | Łaski | 297 | M | TriZarza | M30 | 66 | 00:18:56 | 00:49:53 | 00:49:32 |
| 217 | Dominik | Potrzebowski | 424 | M | | M30 | 67 | 00:17:41 | 00:49:39 | 00:49:32 |
| 218 | Karol | Mielnik | 325 | M | | M40 | 68 | 00:19:06 | 00:49:56 | 00:49:35 |
| 219 | Krzysztof | Jachowicz | 166 | M | | M40 | 69 | 00:18:19 | 00:49:38 | 00:49:35 |
| 220 | Rafał | Latoszek | 282 | M | cts | M40 | 70 | 00:18:16 | 00:49:37 | 00:49:35 |

XXIV Żoliborski Bieg Mikołajkowy

Wareszawa, 07.12.2019 r.

dystans: 10km

WYNIKI

| | | | | | | | | | | |
|-----|------------|----------------------|-----|---|---------------------------------|-----|----|----------|----------|----------|
| 221 | Jarosława | Pleśniarska | 407 | K | | K30 | 18 | 00:18:38 | 00:50:11 | 00:49:36 |
| 222 | Sylwia | Korona | 236 | K | PTT Delta | K30 | 19 | 00:18:33 | 00:49:51 | 00:49:37 |
| 223 | Mateusz | Paczkowski | 383 | M | | M20 | 24 | 00:17:49 | 00:49:43 | 00:49:37 |
| 224 | Łucja | Golebiewska | 140 | K | | K20 | 11 | 00:17:47 | 00:49:43 | 00:49:37 |
| 225 | Tomasz | Misztela | 334 | M | PTT DELTA | M50 | 24 | 00:18:33 | 00:49:53 | 00:49:39 |
| 226 | Marcin | Janus | 176 | M | | M40 | 71 | 00:19:08 | 00:50:08 | 00:49:40 |
| 227 | Marek | Petz | 453 | M | | M40 | 72 | 00:17:36 | 00:49:48 | 00:49:43 |
| 228 | Agnieszka | Krupa | 261 | K | | K40 | 5 | 00:18:08 | 00:49:49 | 00:49:44 |
| 229 | Kamil | Wdowiarski | 565 | M | | M20 | 25 | 00:17:57 | 00:49:54 | 00:49:45 |
| 230 | Tadeusz | Kacprowski | 192 | M | | M60 | 6 | 00:18:39 | 00:50:05 | 00:49:48 |
| 231 | Robert | Chwedorczyk | 55 | M | | M40 | 73 | 00:19:01 | 00:50:07 | 00:49:51 |
| 232 | Dariusz | Kosmala | 240 | M | | M50 | 25 | 00:18:08 | 00:50:00 | 00:49:52 |
| 233 | Sylwia | Majewicz | 304 | K | | K20 | 12 | 00:18:53 | 00:50:00 | 00:49:52 |
| 234 | Arkadiusz | Janczarek | 171 | M | MBC Team | M40 | 74 | 00:17:40 | 00:50:03 | 00:49:55 |
| 235 | Jakub | Ślepowroński | 529 | M | PZU Sport Team | M30 | 68 | 00:19:14 | 00:50:19 | 00:49:55 |
| 236 | Cezary | Maliszewski | 309 | M | Denat Warszawa | M60 | 7 | 00:18:18 | 00:50:13 | 00:49:56 |
| 237 | Kamil | Tymiński | 554 | M | PIWKO RUN TEAM | M20 | 26 | 00:19:00 | 00:50:24 | 00:49:59 |
| 238 | Damian | Piwko | 406 | M | PIWKO RUN TEAM | M20 | 27 | 00:19:01 | 00:50:24 | 00:50:00 |
| 239 | Robert | Leki | 284 | M | | M40 | 75 | 00:19:00 | 00:50:19 | 00:50:03 |
| 240 | Artur | Radomski | 428 | M | | M40 | 76 | 00:18:38 | 00:50:25 | 00:50:05 |
| 241 | Matylda | Aslanowicz | 4 | K | | K20 | 13 | 00:18:22 | 00:50:12 | 00:50:05 |
| 242 | Marcin | Aslanowicz | 3 | M | PACE MATYLDY | M40 | 77 | 00:18:22 | 00:50:13 | 00:50:06 |
| 243 | Artur | Mikina | 328 | M | Pwpw Sa | M60 | 8 | 00:19:01 | 00:50:34 | 00:50:07 |
| 244 | Henia | Dziewulska | 105 | K | Rozbiegany Piastów | K50 | 2 | 00:18:47 | 00:50:22 | 00:50:11 |
| 245 | Patryk | Nowak | 350 | M | Studeo w Trasie | M30 | 69 | 00:17:53 | 00:50:44 | 00:50:14 |
| 246 | Lukasz | Szulc | 520 | M | | M30 | 70 | 00:18:33 | 00:50:37 | 00:50:21 |
| 247 | Artur | Tomaszek | 540 | M | Ronson Running Team | M40 | 78 | 00:18:54 | 00:50:49 | 00:50:30 |
| 248 | Krzysztof | Górecki | 837 | M | | M40 | 79 | 00:19:27 | 00:50:48 | 00:50:31 |
| 249 | Michał | Werle | 567 | M | | M20 | 28 | 00:18:10 | 00:50:45 | 00:50:31 |
| 250 | Rafał | Kiliański | 216 | M | Trucht Tarchomin Team | M40 | 80 | 00:18:53 | 00:50:55 | 00:50:32 |
| 251 | Adam | Jarmużewski | 179 | M | TiA | M40 | 81 | 00:19:02 | 00:51:05 | 00:50:34 |
| 252 | Tomasz | Bednarski | 11 | M | | M40 | 82 | 00:19:57 | 00:51:11 | 00:50:36 |
| 253 | Łukasz | Kowalski | 251 | M | | M30 | 71 | 00:19:30 | 00:51:08 | 00:50:44 |
| 254 | Iza | Skupień | 466 | K | Albatrosy | K30 | 20 | 00:18:44 | 00:51:00 | 00:50:48 |
| 255 | Edward | Rejmer | 430 | M | TriZarza | M40 | 83 | 00:19:02 | 00:51:03 | 00:50:49 |
| 256 | Klaudia | Jodłowska | 184 | K | | K20 | 14 | 00:18:59 | 00:50:57 | 00:50:49 |
| 257 | Damian | Niewiadomski | 345 | M | trizarza | M40 | 84 | 00:19:09 | 00:51:23 | 00:50:58 |
| 258 | Paweł | Wójciuk | 588 | M | | M30 | 72 | 00:18:28 | 00:51:09 | 00:50:58 |
| 259 | Marek | Koper | 233 | M | | M50 | 26 | 00:19:08 | 00:51:32 | 00:51:01 |
| 260 | Radosław | Dzikliński | 106 | M | AKS POLONIA WARSZAWA | M30 | 73 | 00:18:21 | 00:51:20 | 00:51:05 |
| 261 | Marcin | Kupczyk | 274 | M | MBC | M40 | 85 | 00:18:16 | 00:51:10 | 00:51:07 |
| 262 | Grzegorz | Jóźwik | 187 | M | | M40 | 86 | 00:19:02 | 00:51:29 | 00:51:11 |
| 263 | Michał | Polak | 413 | M | | M30 | 74 | 00:18:56 | 00:51:35 | 00:51:15 |
| 264 | Marcin | Chudio | 53 | M | | M30 | 75 | 00:18:41 | 00:51:48 | 00:51:29 |
| 265 | Marcin | Perekitko | 395 | M | | M30 | 76 | 00:18:40 | 00:51:39 | 00:51:29 |
| 266 | Bartosz | Woźnicki | 585 | M | Hasbro | M40 | 87 | 00:19:41 | 00:52:05 | 00:51:32 |
| 267 | Piotr | Stanisz | 485 | M | Legion Warszawa | M30 | 77 | 00:19:16 | 00:51:45 | 00:51:33 |
| 268 | Anna | Szymanik | 524 | K | | K20 | 15 | 00:19:33 | 00:51:54 | 00:51:35 |
| 269 | Eugeniusz | Manczenko | 310 | M | | M30 | 78 | 00:20:49 | 00:52:07 | 00:51:35 |
| 270 | Mariusz | Borowski | 33 | M | | M40 | 88 | 00:19:55 | 00:51:58 | 00:51:37 |
| 271 | Anna | Mokrzanowska | 336 | K | | K20 | 16 | 00:19:26 | 00:51:57 | 00:51:41 |
| 272 | Paulina | Obrubko | 353 | K | | K20 | 17 | 00:18:56 | 00:52:01 | 00:51:42 |
| 273 | Aleksandra | Stembnowska | 493 | K | MBC Team | K20 | 18 | 00:18:49 | 00:51:58 | 00:51:43 |
| 274 | Marcin | Gamski | 126 | M | | M40 | 89 | 00:19:29 | 00:52:02 | 00:51:44 |
| 275 | Joanna | Oldak | 366 | K | Royal Runners Club new balance. | K40 | 6 | 00:19:19 | 00:52:09 | 00:51:49 |
| 276 | Renata | Tula | 551 | K | Mykmyk | K60 | 1 | 00:19:12 | 00:52:02 | 00:51:49 |
| 277 | Grzegorz | Laczkowski | 281 | M | Bike Fun Legionowo | M30 | 79 | 00:18:37 | 00:52:15 | 00:51:51 |
| 278 | Mariusz | Kaczor | 193 | M | | M40 | 90 | 00:18:54 | 00:51:53 | 00:51:53 |
| 279 | Agnieszka | Ziedalska | 605 | K | MGKL | K40 | 7 | 00:20:25 | 00:52:22 | 00:51:55 |
| 280 | Bogdana | Sigal | 460 | K | | K20 | 19 | 00:18:22 | 00:52:07 | 00:52:00 |
| 281 | Krzysztof | Musiał | 340 | M | | M20 | 29 | 00:19:28 | 00:52:21 | 00:52:01 |
| 282 | Justyna | Czajka | 66 | K | | K40 | 8 | 00:19:28 | 00:52:20 | 00:52:01 |
| 283 | Robert | Śmigielski | 530 | M | Lechici Zielonka | M40 | 91 | 00:19:56 | 00:52:43 | 00:52:16 |
| 284 | Aleksandra | Urbankiewicz | 560 | K | | K30 | 21 | 00:19:54 | 00:52:49 | 00:52:24 |
| 285 | Artur | Biedroń | 17 | M | Strangers | M40 | 92 | 00:20:51 | 00:52:58 | 00:52:24 |
| 286 | Katarzyna | Pogorzelska | 411 | K | BWM Team | K30 | 22 | 00:20:04 | 00:52:46 | 00:52:25 |
| 287 | Michał | Figiel | 112 | M | Amatorski klub żużlowy Lublin | M20 | 30 | 00:18:17 | 00:52:41 | 00:52:29 |
| 288 | Agata | Tyrowicz | 555 | K | | K30 | 23 | 00:19:34 | 00:52:55 | 00:52:32 |
| 289 | Andrzej | Kolasa | 227 | M | Klub J.Słowackiego | M60 | 9 | 00:20:05 | 00:53:09 | 00:52:35 |
| 290 | Joanna | Łapińska | 295 | K | | K30 | 24 | 00:18:35 | 00:52:48 | 00:52:40 |
| 291 | Katarzyna | Skoczylas | 464 | K | | K20 | 20 | 00:19:32 | 00:53:02 | 00:52:42 |
| 292 | Marcin | Witkowski | 547 | M | Zaszyci | M50 | 27 | 00:20:28 | 00:53:11 | 00:52:45 |
| 293 | Łukasz | Filc | 114 | M | | M30 | 80 | 00:19:05 | 00:53:01 | 00:52:49 |
| 294 | Piotr | Wertenstein-Żuławski | 569 | M | | M40 | 93 | 00:19:10 | 00:52:52 | 00:52:51 |

XXIV Żoliborski Bieg Mikołajkowy

Wareszawa, 07.12.2019 r.

dystans: 10km

WYNIKI

| | | | | | | | | | | |
|-----|------------|---------------------|-----|---|-------------------------------------|-----|-----|----------|----------|----------|
| 295 | Angelika | Zbieć | 599 | K | DARFIK Team | K30 | 25 | 00:19:22 | 00:53:05 | 00:52:51 |
| 296 | Cezary | Mędel | 321 | M | | M40 | 94 | 00:20:00 | 00:53:09 | 00:52:52 |
| 297 | Rafał | Cyrny | 65 | M | | M40 | 95 | 00:19:58 | 00:53:08 | 00:52:53 |
| 298 | Stanisława | Ferko-Czajkowska | 111 | K | | K50 | 3 | 00:19:05 | 00:52:58 | 00:52:54 |
| 299 | Marta | Mędel | 322 | K | Tkfk Koszalin | K40 | 9 | 00:20:00 | 00:53:14 | 00:52:57 |
| 300 | Rafał | Stachurski | 483 | M | | M40 | 96 | 00:21:05 | 00:53:31 | 00:52:59 |
| 301 | Paweł | Stolarz | 496 | M | Żywcem Zabiegani | M50 | 28 | 00:20:05 | 00:53:27 | 00:53:05 |
| 302 | Katarzyna | Bogdańska | 28 | K | Smashing Papkins | K20 | 21 | 00:19:06 | 00:53:24 | 00:53:07 |
| 303 | Paweł | Kuchta | 267 | M | | M30 | 81 | 00:19:19 | 00:53:32 | 00:53:10 |
| 304 | Kamila | Gordon | 143 | K | | K20 | 22 | 00:19:45 | 00:53:22 | 00:53:14 |
| 305 | Bogusław | Kluj | 222 | M | Biegam dla Sandry i Roberta | M60 | 10 | 00:19:16 | 00:53:41 | 00:53:16 |
| 306 | Paweł | Dudek | 97 | M | Sportowe Love | M40 | 97 | 00:21:01 | 00:53:41 | 00:53:19 |
| 307 | Grzegorz | Ignaciuk | 163 | M | ICRA Running Team | M40 | 98 | 00:19:27 | 00:53:34 | 00:53:25 |
| 308 | Piotr | Zygadło | 610 | M | Bielarński Słoń | M30 | 82 | 00:20:35 | 00:53:38 | 00:53:26 |
| 309 | Robert | Szulawski | 517 | M | GSD ŻOLIBORZ | M50 | 29 | 00:18:44 | 00:54:01 | 00:53:28 |
| 310 | Krzysztof | Krupa | 262 | M | | M40 | 99 | 00:19:24 | 00:53:34 | 00:53:28 |
| 311 | Dariusz | Szelwachowski | 504 | M | | M50 | 30 | 00:18:59 | 00:53:52 | 00:53:31 |
| 312 | Paweł | Żurawski | 618 | M | Leniwece Team | M40 | 100 | 00:19:40 | 00:54:00 | 00:53:32 |
| 313 | Maja | Makowska | 306 | K | Team eAzymut | K20 | 23 | 00:20:00 | 00:53:53 | 00:53:34 |
| 314 | Krzysztof | Dubowski | 94 | M | | M20 | 31 | 00:19:36 | 00:53:58 | 00:53:42 |
| 315 | Kamil | Klimek | 382 | M | | M30 | 83 | 00:20:54 | 00:54:15 | 00:53:43 |
| 316 | Emilia | Bzura | 46 | K | | K40 | 10 | 00:19:10 | 00:53:58 | 00:53:45 |
| 317 | Maciej | Jędrzejczak | 183 | M | NeON Team | M60 | 11 | 00:19:40 | 00:54:20 | 00:53:59 |
| 318 | Konrad | Bujalski | 44 | M | | M20 | 32 | 00:18:58 | 00:54:01 | 00:54:01 |
| 319 | Rafał | Kowalewski | 248 | M | | M40 | 101 | 00:21:08 | 00:54:20 | 00:54:01 |
| 320 | Zuzanna | Stefańska | 491 | K | brak | K20 | 24 | 00:19:32 | 00:54:17 | 00:54:01 |
| 321 | Michał | Stefański | 492 | M | | M20 | 33 | 00:19:29 | 00:54:17 | 00:54:02 |
| 322 | Wojciech | Bielecki | 22 | M | | M40 | 102 | 00:20:26 | 00:54:48 | 00:54:17 |
| 323 | Izabela | Chmielewska | 50 | K | | K30 | 26 | 00:19:47 | 00:54:42 | 00:54:22 |
| 324 | Ewa | Żukowska | 614 | K | | K20 | 25 | 00:20:28 | 00:54:52 | 00:54:27 |
| 325 | Aleksander | Żukowski | 615 | M | | M50 | 31 | 00:20:34 | 00:55:00 | 00:54:35 |
| 326 | Aleksandra | Brzezińska | 37 | K | | K20 | 26 | 00:19:42 | 00:54:51 | 00:54:37 |
| 327 | Diana | Wtulich | 591 | K | | K50 | 4 | 00:20:18 | 00:54:59 | 00:54:40 |
| 328 | Magda | Rogalska | 435 | K | WkurwTeam | K30 | 27 | 00:20:24 | 00:54:59 | 00:54:44 |
| 329 | Jowita | Wójcik | 587 | K | | K30 | 28 | 00:20:26 | 00:55:04 | 00:54:50 |
| 330 | Aneta | Pełka | 393 | K | | K20 | 27 | 00:19:38 | 00:55:06 | 00:54:52 |
| 331 | Michał | Padusiński | 384 | M | | M30 | 84 | 00:21:26 | 00:55:44 | 00:55:09 |
| 332 | Jerzy | Żochowski | 612 | M | | M30 | 85 | 00:19:56 | 00:55:42 | 00:55:27 |
| 333 | Piotr | Kołodziejcki | 230 | M | | M40 | 103 | 00:21:38 | 00:55:51 | 00:55:28 |
| 334 | Małgorzata | Brzoska | 39 | K | Bank Gospodarstwa Krajowego | K40 | 11 | 00:19:56 | 00:55:57 | 00:55:48 |
| 335 | Katarzyna | Kwiatkowska | 275 | K | Markowi Biegacze | K30 | 29 | 00:21:32 | 00:56:24 | 00:55:50 |
| 336 | Emil | Piasta | 398 | M | Beep Beep Radom | M40 | 104 | 00:20:48 | 00:56:11 | 00:55:56 |
| 337 | Katarzyna | Grzybowska-Tomaszek | 152 | K | Human to Business Running Team | K40 | 12 | 00:20:30 | 00:56:17 | 00:55:59 |
| 338 | Andrzej | Sowa | 482 | M | | M30 | 86 | 00:20:18 | 00:56:19 | 00:56:01 |
| 339 | Władysław | Maler | 307 | M | Reebok Run Crew | M60 | 12 | 00:21:12 | 00:56:27 | 00:56:04 |
| 340 | Robert | Senger | 454 | M | Trizarza Team | M30 | 87 | 00:19:57 | 00:56:20 | 00:56:06 |
| 341 | Błażej | Trębicki | 546 | M | | M60 | 13 | 00:21:22 | 00:56:29 | 00:56:07 |
| 342 | Grażyna | Marczak | 314 | K | Leczo Team | K60 | 2 | 00:21:05 | 00:56:31 | 00:56:10 |
| 343 | Alina | Poteralska | 421 | K | | K40 | 13 | 00:21:20 | 00:56:39 | 00:56:16 |
| 344 | Mariusz | Padziński | 386 | M | | M40 | 105 | 00:20:42 | 00:56:39 | 00:56:18 |
| 345 | Dariusz | Poteralski | 422 | M | PKO BANK POLSKI SA | M40 | 106 | 00:21:21 | 00:56:41 | 00:56:19 |
| 346 | Małgorzata | Kołodziejka | 229 | K | | K40 | 14 | 00:21:28 | 00:56:43 | 00:56:19 |
| 347 | Renata | Jakubisiak | 170 | K | AegonRun | K30 | 30 | 00:20:19 | 00:56:31 | 00:56:20 |
| 348 | Piotr | Łoboda | 299 | M | | M40 | 107 | 00:20:55 | 00:56:36 | 00:56:21 |
| 349 | Lidia | Szymanik | 525 | K | | K40 | 15 | 00:20:54 | 00:56:49 | 00:56:29 |
| 350 | Eliza | Dąbrowska | 79 | K | | K30 | 31 | 00:20:59 | 00:56:56 | 00:56:41 |
| 351 | Andrzej | Brzozowski | 40 | M | KKB | M60 | 14 | 00:20:58 | 00:57:04 | 00:56:43 |
| 352 | Marta | Pawelas | 390 | K | | K30 | 32 | 00:21:03 | 00:57:05 | 00:56:52 |
| 353 | Aneta | Dymerska | 104 | K | Ministerstwo Funduszy i Polityki Re | K30 | 33 | 00:20:15 | 00:57:07 | 00:56:54 |
| 354 | Tomasz | Czwaro | 75 | M | Nocne Piłowanie Agrykoli | M40 | 108 | 00:21:20 | 00:57:21 | 00:57:04 |
| 355 | Magdalena | Hnidziuk | 158 | K | | K40 | 16 | 00:20:59 | 00:57:19 | 00:57:05 |
| 356 | Renata | Żurawska | 616 | K | Leniwece Team | K40 | 17 | 00:21:04 | 00:57:39 | 00:57:11 |
| 357 | Piotr | Hućko | 162 | M | | M40 | 109 | 00:20:26 | 00:57:51 | 00:57:20 |
| 358 | Michał | Maciejowicz | 301 | M | | M30 | 88 | 00:22:20 | 00:57:51 | 00:57:26 |
| 359 | Aneta | Bogucka | 29 | K | | K40 | 18 | 00:22:21 | 00:57:52 | 00:57:27 |
| 360 | Mirosław | Tarczoń | 534 | M | Maciej Bodnar Coaching | M50 | 32 | 00:20:38 | 00:57:31 | 00:57:27 |
| 361 | Piotr | Urbaniak | 559 | M | | M50 | 33 | 00:21:07 | 00:57:50 | 00:57:27 |
| 362 | Radosław | Bant | 8 | M | Aktywna Warszawa | M20 | 34 | 00:22:14 | 00:58:03 | 00:57:30 |
| 363 | Adrian | Lach | 279 | M | TRICLUB | M40 | 110 | 00:19:15 | 00:57:41 | 00:57:34 |
| 364 | Leszek | Grabowski | 144 | M | Stare Babice Biegają | M50 | 34 | 00:21:08 | 00:58:01 | 00:57:42 |
| 365 | Agnieszka | Kujawa | 273 | K | Tnt Motocross | K40 | 19 | 00:20:36 | 00:58:06 | 00:57:54 |
| 366 | Norbert | Harasimiuk | 155 | M | | M20 | 35 | 00:21:17 | 00:58:10 | 00:57:55 |
| 367 | Michał | Wachlaczhenko | 561 | M | | M40 | 111 | 00:21:32 | 00:58:22 | 00:57:56 |
| 368 | Ewa | Sierzputowska | 459 | K | Sie_Biega | K50 | 5 | 00:21:20 | 00:58:10 | 00:57:56 |

XXIV Żoliborski Bieg Mikołajkowy

Warszawa, 07.12.2019 r.

dystans: 10km

WYNIKI

| | | | | | | | | | | |
|-----|------------|-------------------------|-----|---|-------------------------|-----|-----|----------|----------|----------|
| 369 | Beata | Osiecka | 368 | K | | K50 | 6 | 00:21:30 | 00:58:09 | 00:57:56 |
| 370 | Wioletta | Gramek | 146 | K | | K30 | 34 | 00:21:33 | 00:58:21 | 00:57:56 |
| 371 | Agata | Kostka | 242 | K | Eternal Eagles | K30 | 35 | 00:21:35 | 00:58:24 | 00:58:04 |
| 372 | Anna | Masalska | 316 | K | Zabiegani Czernikowo | K50 | 7 | 00:21:20 | 00:58:18 | 00:58:07 |
| 373 | Emilia | Trzmielewska | 550 | K | | K30 | 36 | 00:21:24 | 00:58:22 | 00:58:08 |
| 374 | Piotr | Lisiński | 291 | M | BUDROX | M40 | 112 | 00:21:56 | 00:58:28 | 00:58:13 |
| 375 | Maciej | Bieganowski | 18 | M | | M30 | 89 | 00:20:25 | 00:58:32 | 00:58:15 |
| 376 | Szymon | Urban | 557 | M | | M20 | 36 | 00:22:06 | 00:58:41 | 00:58:22 |
| 377 | Paweł | Urban | 556 | M | Play | M30 | 90 | 00:22:07 | 00:58:44 | 00:58:24 |
| 378 | Ewa | Wojciechowska | 582 | K | Aegon | K40 | 20 | 00:21:41 | 00:58:49 | 00:58:27 |
| 379 | Katarzyna | Duber-Stachurska | 93 | K | | K40 | 21 | 00:21:37 | 00:58:58 | 00:58:28 |
| 380 | Robert | Wodzyński | 581 | M | | M40 | 113 | 00:21:42 | 00:58:50 | 00:58:29 |
| 381 | Ewa | Regulska | 429 | K | | K30 | 37 | 00:22:11 | 00:59:01 | 00:58:34 |
| 382 | Piotr | Stasiak | 488 | M | | M20 | 37 | 00:23:13 | 00:59:11 | 00:58:41 |
| 383 | Marcin | Penkala | 394 | M | STRANGERS | M40 | 114 | 00:21:16 | 00:59:13 | 00:58:41 |
| 384 | Piotr | Kwiatkowski | 276 | M | | M30 | 91 | 00:22:21 | 00:59:13 | 00:58:46 |
| 385 | Wojciech | Oliwa | 362 | M | KS TĘCZA | M30 | 92 | 00:22:14 | 00:59:21 | 00:58:47 |
| 386 | Anita | Telakowska | 535 | K | | K30 | 38 | 00:21:53 | 00:59:15 | 00:58:59 |
| 387 | Renata | Kaczor | 194 | K | | K40 | 22 | 00:21:59 | 00:59:25 | 00:59:03 |
| 388 | Agnieszka | Torzewska | 543 | K | | K40 | 23 | 00:22:22 | 00:59:32 | 00:59:09 |
| 389 | Krzysz | Kielpiński | 214 | M | | M30 | 93 | 00:22:25 | 00:59:26 | 00:59:13 |
| 390 | Joanna | Jaracz | 178 | K | | K40 | 24 | 00:22:24 | 00:59:26 | 00:59:13 |
| 391 | Sylvia | Nieporęcka | 344 | K | | K40 | 25 | 00:22:12 | 00:59:40 | 00:59:20 |
| 392 | Clayton | Dean | 83 | M | | M30 | 94 | 00:22:08 | 00:59:51 | 00:59:21 |
| 393 | Marek | Wawrzyniak | 563 | M | Rembertów Team | M50 | 35 | 00:22:03 | 00:59:57 | 00:59:40 |
| 394 | Anna | Sierpatowska | 458 | K | | K40 | 26 | 00:22:38 | 01:00:03 | 00:59:49 |
| 395 | Paulina | Czarnecka | 70 | K | | K30 | 39 | 00:21:55 | 01:00:04 | 00:59:52 |
| 396 | Anna | Buchowiecka | 41 | K | Pstrokaty Pareomaraton | K30 | 40 | 00:22:44 | 01:00:34 | 01:00:09 |
| 397 | Katarzyna | Szulc | 519 | K | | K40 | 27 | 00:21:33 | 01:00:25 | 01:00:13 |
| 398 | Katarzyna | Karasiewicz | 205 | K | | K40 | 28 | 00:21:35 | 01:00:26 | 01:00:13 |
| 399 | Justyna | Głowacka | 137 | K | | K20 | 28 | 00:23:15 | 01:00:42 | 01:00:13 |
| 400 | Tomek | Fabijański | 109 | M | | M30 | 95 | 00:21:56 | 01:00:34 | 01:00:16 |
| 401 | Anna | Januszewska | 177 | K | | K30 | 41 | 00:22:02 | 01:00:46 | 01:00:26 |
| 402 | Hanna | Dobruć | 88 | K | | K50 | 8 | 00:22:36 | 01:01:06 | 01:00:36 |
| 403 | Robert | Dobruć | 89 | M | | M50 | 36 | 00:22:37 | 01:01:05 | 01:00:36 |
| 404 | Małgorzata | Ender | 107 | K | Biegacze na 5 | K30 | 42 | 00:23:09 | 01:01:13 | 01:00:42 |
| 405 | Anna | Strachocka | 497 | K | Grupa Biegowa UM W-wa | K60 | 3 | 00:22:45 | 01:01:33 | 01:01:04 |
| 406 | Elżbieta | Salek | 450 | K | PZU Sport Team | K40 | 29 | 00:22:16 | 01:01:27 | 01:01:04 |
| 407 | Anna | Karlowski | 206 | K | Partia Wolnych Biegaczy | K60 | 4 | 00:22:45 | 01:01:33 | 01:01:05 |
| 408 | Dominika | Zych | 609 | K | PZU SPORT TEAM | K40 | 30 | 00:22:19 | 01:01:28 | 01:01:06 |
| 409 | Barbara | Zaręba | 595 | K | | K30 | 43 | 00:22:16 | 01:01:28 | 01:01:11 |
| 410 | Piotr | Wiaderek | 570 | M | Pędzące Żółwie | M30 | 96 | 00:23:40 | 01:01:48 | 01:01:18 |
| 411 | Sławomir | Wiaderek | 571 | M | Pędzące Żółwie | M60 | 15 | 00:23:39 | 01:01:49 | 01:01:18 |
| 412 | Martyna | Rękoś | 433 | K | Brenskie Morświrowanie | K30 | 44 | 00:23:02 | 01:01:53 | 01:01:22 |
| 413 | Joanna | Smoczyńska | 469 | K | | K40 | 31 | 00:22:40 | 01:01:35 | 01:01:23 |
| 414 | Damian | Wójcik | 586 | M | | M40 | 115 | 00:23:13 | 01:01:53 | 01:01:24 |
| 415 | Marek | Majewski | 305 | M | Zaszyci | M40 | 116 | 00:23:14 | 01:02:02 | 01:01:33 |
| 416 | Remigiusz | Jankowski | 174 | M | | M50 | 37 | 00:22:22 | 01:01:52 | 01:01:34 |
| 417 | Beata | Kuć | 272 | K | | K40 | 32 | 00:22:40 | 01:01:48 | 01:01:35 |
| 418 | Marta | Kubicka | 265 | K | Tuptający Niedźwiedź | K30 | 45 | 00:23:04 | 01:01:54 | 01:01:35 |
| 419 | Alicja | Sadowska | 449 | K | Buro Happold | K30 | 46 | 00:23:17 | 01:02:02 | 01:01:36 |
| 420 | Agnieszka | Truszkowska | 549 | K | | K30 | 47 | 00:23:06 | 01:02:09 | 01:01:42 |
| 421 | Katarzyna | Mruczyńska-Pietruczanis | 339 | K | wkurw_team | K40 | 33 | 00:22:53 | 01:02:14 | 01:01:52 |
| 422 | Tadeusz | Bednarzak | 12 | M | Yulo Run Team Siedlce | M60 | 16 | 00:23:19 | 01:02:16 | 01:01:53 |
| 423 | Artur | Sobczyński | 475 | M | | M40 | 117 | 00:23:34 | 01:02:34 | 01:02:05 |
| 424 | Martyna | Bogucka | 31 | K | Jacekbiega Running team | K40 | 34 | 00:23:10 | 01:02:36 | 01:02:13 |
| 425 | Dorota | Łobejko | 298 | K | | K30 | 48 | 00:22:30 | 01:02:57 | 01:02:39 |
| 426 | Andrzej | Kawka | 211 | M | | M60 | 17 | 00:23:28 | 01:03:14 | 01:02:40 |
| 427 | Anna | Leleniewska | 285 | K | | K20 | 29 | 00:22:25 | 01:03:19 | 01:02:46 |
| 428 | Marek | Glasser | 133 | M | | M60 | 18 | 00:23:30 | 01:03:22 | 01:02:51 |
| 429 | Olga | Szewczyk | 507 | K | | K30 | 49 | 00:22:38 | 01:03:14 | 01:02:54 |
| 430 | Waldemar | Żółciński | 613 | M | Grupa Biegowa UM W-wa | M60 | 19 | 00:23:22 | 01:03:40 | 01:03:11 |
| 431 | Marcin | Telakowski | 536 | M | | M40 | 118 | 00:23:09 | 01:03:28 | 01:03:12 |
| 432 | Alicja | Kuczerowska | 269 | K | | K20 | 30 | 00:23:47 | 01:03:31 | 01:03:14 |
| 433 | Dorota | Grabska-Reszka | 145 | K | | K30 | 50 | 00:22:54 | 01:04:01 | 01:03:36 |
| 434 | Ewa | Witkowska | 579 | K | | K20 | 31 | 00:22:55 | 01:04:03 | 01:03:38 |
| 435 | Magdalena | Strzelczyk | 498 | K | | K30 | 51 | 00:22:02 | 01:03:48 | 01:03:40 |
| 436 | Karolina | Szymańska | 527 | K | Biegające Wieprze | K30 | 52 | 00:23:20 | 01:04:35 | 01:04:15 |
| 437 | Grzegorz | Setnikowski | 457 | M | | M60 | 20 | 00:25:27 | 01:04:50 | 01:04:23 |
| 438 | Sławomir | Soroka | 480 | M | | M40 | 119 | 00:24:23 | 01:04:59 | 01:04:28 |
| 439 | Dariusz | Sochocki | 477 | M | | M50 | 38 | 00:23:04 | 01:04:59 | 01:04:30 |
| 440 | Anna | Ałasa | 2 | K | | K40 | 35 | 00:24:57 | 01:05:01 | 01:04:38 |
| 441 | Anna | Gomół-Paradowska | 141 | K | Power Training | K30 | 53 | 00:23:00 | 01:05:01 | 01:04:44 |
| 442 | Katarzyna | Marcol | 313 | K | | K30 | 54 | 00:22:49 | 01:05:25 | 01:05:15 |

XXIV Żoliborski Bieg Mikołajkowy

Warszawa, 07.12.2019 r.

dystans: 10km

WYNIKI

| | | | | | | | | | | |
|-----|------------|--------------------|-----|---|-----------------------|-----|-----|----------|----------|----------|
| 443 | Beata | Szewczyk | 505 | K | | K40 | 36 | 00:24:37 | 01:05:54 | 01:05:41 |
| 444 | Tomasz | Witek | 578 | M | | M40 | 120 | 00:21:52 | 01:06:49 | 01:06:38 |
| 445 | Ewelina | Donica | 91 | K | | K30 | 55 | 00:23:01 | 01:07:25 | 01:07:05 |
| 446 | Małgorzata | Koronkiewicz | 238 | K | | K50 | 9 | 00:24:52 | 01:07:33 | 01:07:08 |
| 447 | Karol | Koronkiewicz | 237 | M | Trifriends.pl | M50 | 39 | 00:24:57 | 01:07:35 | 01:07:09 |
| 448 | Jacek | Bajorek | 6 | M | Markowi Biegacze | M40 | 121 | 00:24:44 | 01:07:46 | 01:07:17 |
| 449 | Martyna | Witek | 577 | K | | K40 | 37 | 00:24:02 | 01:08:25 | 01:08:16 |
| 450 | Dorota | Kowalewska | 836 | K | | K30 | 56 | 00:25:11 | 01:09:06 | 01:08:50 |
| 451 | Asia | Kozikowska | 255 | K | | K20 | 32 | 00:24:33 | 01:09:24 | 01:09:06 |
| 452 | Ireneusz | Kiczynski | 212 | M | Neon Team | M60 | 21 | 00:24:06 | 01:10:00 | 01:09:43 |
| 453 | Józef | Wizert | 580 | M | | M60 | 22 | 00:25:31 | 01:10:23 | 01:09:57 |
| 454 | Arleta | Dudzinska | 99 | K | Grupa Biegowa UM W-wa | K30 | 57 | 00:25:31 | 01:10:31 | 01:10:02 |
| 455 | Aleksandra | Skrobowska | 465 | K | Grupa Biegowa Um W-wa | K30 | 58 | 00:25:32 | 01:10:31 | 01:10:02 |
| 456 | Irena | Jurkowska | 188 | K | | K60 | 5 | 00:24:40 | 01:11:25 | 01:11:11 |
| 457 | Mariusz | Naskręt | 343 | M | | M40 | 122 | 00:26:05 | 01:12:03 | 01:11:39 |
| 458 | Barbara | Kolasa | 228 | K | Klub J.Słowackiego | K60 | 6 | 00:26:04 | 01:12:03 | 01:11:56 |
| 459 | Wanda | Przybylak | 426 | K | Rozbiegany Piastów | K60 | 7 | 00:26:20 | 01:13:06 | 01:12:51 |
| 460 | Katarzyna | Pilarska | 403 | K | Rozbiegany Piastów | K30 | 59 | 00:26:22 | 01:13:06 | 01:12:55 |
| 461 | Jerzy | Czechowski | 72 | M | mza - warszawa | M60 | 23 | 00:27:10 | 01:16:00 | 01:15:37 |
| 462 | Diana | Pokorna | 412 | K | | K40 | 38 | 00:28:07 | 01:17:26 | 01:17:17 |
| 463 | Joanna | Wróblewska | 590 | K | Lasek Bielański Team | K60 | 8 | 00:29:26 | 01:19:46 | 01:19:14 |
| 464 | Aga | Wierzyńska | 575 | K | | K40 | 39 | 00:28:31 | 01:20:33 | 01:20:23 |
| DNF | Agnieszka | Fijolek-Warszewska | 113 | K | Kuźnia Triathlonu | K40 | | 00:15:17 | | |
| DNF | Adam | Kubicki | 266 | M | Insignis TFI | M30 | | 00:13:10 | | |
| DNF | Jakub | Rybałtowski | 443 | M | Tarchośfiry | M20 | | | | |